

Cycle Farm

2017 Farm Stand Family Newsletter

for August 3, 2017

Greetings Farm Friends,

They say a picture is worth a thousand words. We invite you to settle in and get cozy. For this week's newsletter, we have an epic tale for you: this past week on the farm, a visual representation.



It looks like an excellent apple year, plums too; diversity of pasture grasses and wildflowers in the orchard has increased over the past few years – including St John's Wort, coneflowers, phacelia, and Big Blue Stem is spreading(!), we're looking forward to running lambs through this area again next year; and look! a monarch butterfly chrysalis case!



Believe it or not, Jeremy's keen sense of style (ridiculous shoes) is shared – lookin' sharp, Pat!; cucumber vines have maxed out to the ceiling and are fruiting strong; our love for the soil is channeled directly into the crops, this is most visually evident in carrots; given the opportunity, surely, this compost pile would be a blue ribbon winner at the County Fair, "best dressed compost pile"; and the newly seeded covercrop between squash rows (oats and buckwheat) are up up up.

Harvest for the farm stand this week includes carrots, beets, lettuce, rainbow swiss chard, scallions and basil, cucumbers(!) and zucchini, garlic and herbs, and chokecherries too. Jeremy's mother, Randi, will be flying the farm stand solo Thursday afternoon, as we will be headed over to Nisland to the Butte/Lawrence County Fair. (We're getting an award from the Lawrence County Conservation District – we'll tell you all about it next week!) If you come by on Thursday, be sure to introduce yourself and thank her for us.

Thank you, friends – eat well!

Your farmers, Trish and Jeremy