



Jeremy Smith and Trish Jenkins
 287 Evans Lane, Spearfish, SD 57783
 605-559-FARM (3276)
 cyclefarmer@gmail.com
 www.cyclefarm.wordpress.com

Cycle Farm CSA Newsletter

Week 1- June 21, 2012

Happy summer! We are so excited that you are joining us this year! This weekly newsletter is designed to give you an update on happenings on the farm and how your vegetables are growing. Each week we'll include a list of what's in your share and a recipe or some ideas on how to prepare your tasty treats.

This week's share

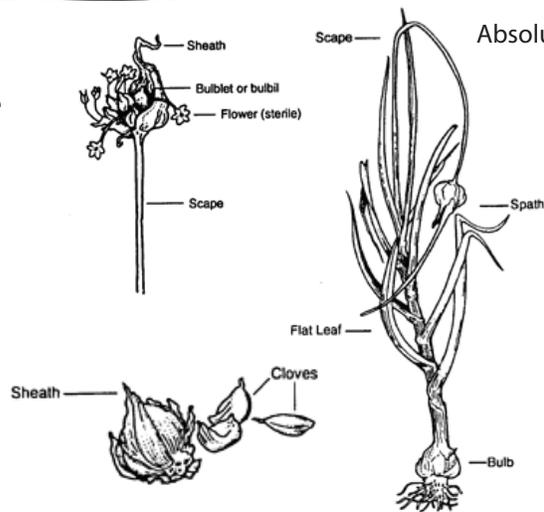
- 1/2 lb peas, snap peas (Sugar snap select, Cascadia, Sugar magnolia, Opal creek) and snow peas (Schweizer reisen)
- spinach (Bloomsdale longstanding)
- 4 heads of lettuce (Grandpa Admires)
- 1 bunch garlic scapes
- 1 bunch garlic greens
- 1 bunch kale (Dinosaur/Lacinato and Rainbow dino)
- 1 bunch chard (Fordhook giant)
- 1 bunch of radishes (White hailstone, Plum purple, Pink beauty, Saxa II and French breakfast)

We've had a great spring, lots of work getting the farm up and running. There have been several infrastructure changes since our initial interest meeting out here in February. We have put in fencing around the back field, the greenhouse is designed and permitted, hop trellises are up, and the new irrigation system is on its way into place. We have nearly forty different types of crops planted and are trying hard to work around weather and pests to bring you a full, diverse basket each week.

This being our first season, we *really* appreciate everyone's support and flexibility. We would love your feedback as we are going along this season, please let us know what you think (quality, too little?, too much?, etc.).

A bit about garlic scapes...

Garlic scapes are the flower that emerges from hard-neck varieties of garlic in June. The stalk of the scape winds up in wiley, wonderful, pig-tail curlicues. Before blooming, the scape will straighten out, standing up tall. Then pop open in flower. By cutting the scape before the flower blooms, we're encouraging more energy towards development of the garlic bulb. Scapes in full curl are tender and crisp, with a mild garlic flavor.



Absolutely delicious, here are some ideas:

- scrambled eggs
- quiche
- pesto
- hummus
- pizza topping
- garlic scape butter
- pasta sauce
- roasted with mixed vegetables
- pickled!
- in a stirfry
- a garnish on soups and salads w. bacon
- BE CREATIVE.

We'd like to say a BIG THANKS to all of you who were able to make it our to our weeding party. We had a great time, and the beets, beans, and potatoes have never looked so fine! Thank you. If you'd like to come visit the farm, have an itch to do some weeding, or just want to hang out with the chickens - please come by! Or, if you prefer, you can check in for updates posted on our blog.

You can also come visit us downtown on Friday evenings at the Spearfish Farmer's Market. The CSA has priority for harvest each week, but for things in abundance, we'll be headed to market. Come say hello!

We hope you enjoy this first share in Cycle Farm - and don't forget to eat your radish greens, they taste great and they're good for you!

Your farmers,
 Trish and Jeremy